YMCA CAMP LOMA MAR

RETREATS



WELCOME



Hi there!

Welcome to YMCA Camp Loma Mar. I'm so glad you're spending part of your February with us. There's something about waking up in the redwoods with a whole day ahead of you and a little room to decide how to spend it. Maybe you'll finally get a few hours with the book you've been carrying around, spread out a project that never quite fits on your kitchen table, or take your coffee outside and see where the morning goes.

Our staff will be around all weekend to help you get settled and feel at home. Honesty, caring, respect, and responsibility are the YMCA values we bring to camp, and a lot of that comes down to the little things, like making room for someone new at breakfast or checking in when a guest needs a hand. If there's something we can do to make your stay more comfortable, please tell us.

Give this guide a quick read before you pack. It'll help you figure out what to bring, where to go when you get here, and what to expect from your stay. We'll send your retreat's schedule the week before you arrive.

See you in the redwoods!

S'mores truly,

The CLM team



GETTING TO CAMP

9900 Pescadero Creek Road, Loma Mar, CA 94021

Save your directions before you leave. Cell service drops out as you get close to camp. If you're prone to carsickness, we recommend coming in through Pescadero from Highway 1. Highway 84 through the mountains is winding.

East Bay

Take I-880 to CA-92 West toward Half Moon Bay. Turn south onto Highway 1, then turn left onto Pescadero Creek Road. Drive about 10 miles through Pescadero to the YMCA Camp Loma Mar entrance on your right.

San Francisco

Take Highway 1 south through Half Moon Bay. Turn left onto Pescadero Creek Road and continue about 10 miles to the camp entrance on your right.

San Jose/ South Bay

Take I-280 north to the Woodside Road/CA-84 exit. Head west through Woodside and La Honda. About a mile past La Honda, turn left onto Pescadero Creek Road. Follow the road as it bends sharply to the right and continue to the YMCA Camp Loma Mar entrance on your left, past YMCA Camp Jones Gulch.

Santa Cruz

Take Highway 1 north to Pescadero Creek Road. Turn right and drive about 10 miles through Pescadero to the camp entrance on your right.



FRIDAY ARRIVAL AND CHECK IN

Check in at the camp office between 5 and 8 p.m. Friday. We'll give you your lodging assignment, a map, the weekend schedule, and camp guidelines. If you arrive after 8 p.m., look for your lodging assignment on the notice board outside the office.
You can drive to your lodging area to unload. Once you're settled, move your vehicle to the lot behind the dining hall or to overflow parking at the front of camp.
Dinner will be served between 6:30 and 7:30pm on Friday.

Where You'll Stay

All lodging has heat and electricity. Camp mattresses are twin size, and you can add a linen rental for $30.

Cabins
Cabins sleep up to 12 guests in bunk beds. For winter retreats, we aim to use lower bunks whenever possible. If you request to house more than seven people together, your group may need to use upper bunks. Restrooms, showers, and changing areas are a short walk from the cabins. We consider age and gender when making assignments and welcome housing requests in advance. A gender-expansive cabin with an attached bathroom is available.

Semi-private rooms
Each room sleeps two guests, with access to two shared bathrooms. These rooms are limited and available for a $100 add-on.

Cabins do not have appliances. If you need refrigerator space for medication or another health need, contact the camp director before your stay. Please keep food preparation out of all guest lodging. We'll do our best to honor advance requests for a specific cabin, depending on availability.



MEALS AND THE WEEKEND SCHEDULE

We'll email your retreat's schedule the week before you arrive. Meals are served buffet-style in the dining hall, with an hour set aside for each meal. Fruit and drinks are available between meals.

Meal	Time
Friday Dinner	6:30pm
Saturday/ Sunday Breakfast	8:00am
Saturday Dinner	5:15pm

WHAT TO PACK

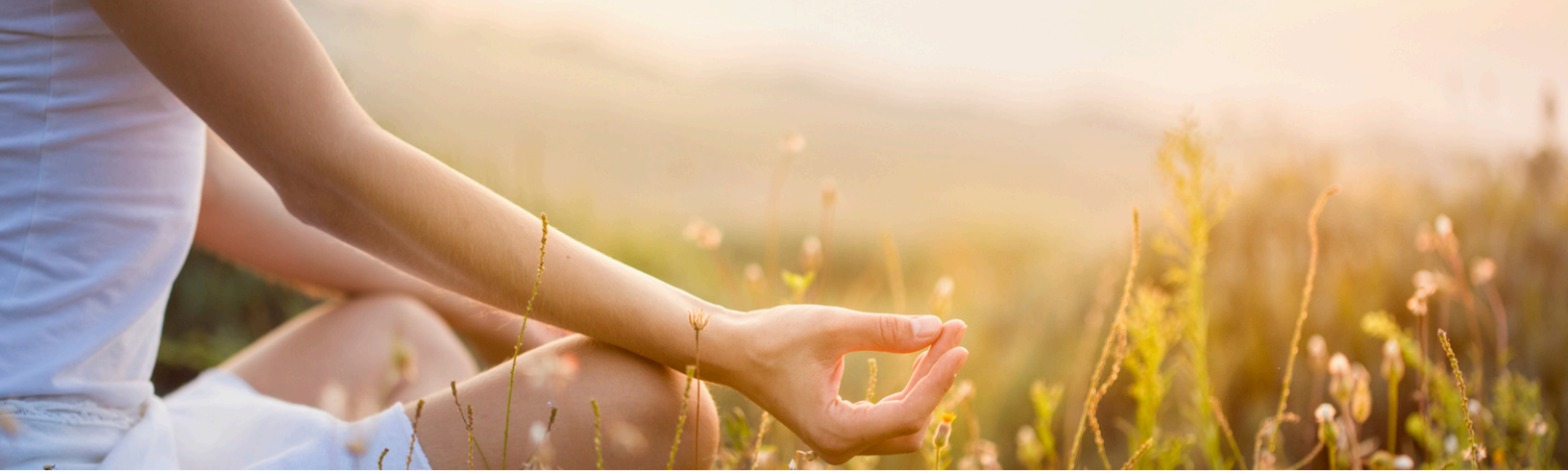
February in Loma Mar typically brings daytime highs in the upper 50s to low 60s °F, with overnight lows averaging around 41°F. Pack warm layers, long sleeves and pants for evenings, and a rain jacket. The temperature can drop quickly once the sun goes down. Updated October 2026

- Shoes and clothing — Bring closed-toe shoes for walking around camp. They're required for the zipline, climbing tower, and archery if those activities are on your schedule. Shower shoes are handy, too.
- Toiletries and personal care — Pack your usual overnight toiletries, medications, a towel, lip balm, sunscreen, and insect repellent.
- Bedding — Bring a twin sheet, a pillow with a pillowcase, and a sleeping bag or warm blanket. Linen rental is available for $30.
- Around camp — Bring a flashlight or headlamp with spare batteries, a refillable water bottle, sunglasses, and a small daypack. A camera, deck of cards, or favorite game is welcome.

We provide and regularly check the equipment for camp-led activities. Please leave personal archery bows, climbing harnesses, and other sport-specific gear at home.



Your Retreat	A Few Extras to Bring
Book Retreat	Whatever you're reading or hope to start, a book to trade at the swap, and a favorite coffee mug. Bring headphones if you listen to audiobooks and a camp chair or hammock if you'd like to read outside.
Petite Retreat	A book, journal, yoga mat, and coffee mug.
Artisans Weekend	The project you'd like to work on and the supplies you'll need. We have Wi-Fi, plenty of table space, and outlets for projects that need power.



CAMP GUIDELINES

- **Campfires belong in designated fire pits. Let a staff member know if you'd like a fire, and we'll provide the firewood.**
- **Vehicles must stay on designated roads and may be used for arrival and departure. The campfire bowl marks the limit for motorized vehicles.**
- **Pets must stay home. Service animals are welcome. If you'd like to talk through access or lodging before your visit, please reach out. ADA.gov**
- **Alcohol, tobacco products, illegal drugs, firearms, and other weapons are prohibited. All YMCA property is smoke-free, including outdoor areas.**

Violations of camp policies may result in fines, dismissal from camp, or prosecution, depending on the circumstances.

HEALTH AND SAFETY

- **There is no medical staff on duty during winter retreats. Camp staff are trained in first aid and CPR. Please bring your own medications and any first-aid supplies you routinely use, manage your personal health needs, and arrange transportation for off-site care when needed. Tell a staff member if you have a medical concern, an injury, or a close call during your stay.**
- **In a medical emergency, call 911 and alert camp staff. Phones are available in the camp office and in the Health Hut next to the dining hall.**



Nearby Care	Address and Phone
Emergency Room–Sequoia Hospital	170 Alameda de las Pulgas, Redwood City, CA 94062. 650-369-5811. Open 24 hours.
Urgent Care–Dignity Health, Halfmoon Bay	799 Main Street, Suite D, Half Moon Bay, CA 94019. 650-726-1200. Call ahead to confirm hours and availability, especially on Sunday.

CAMP STORE AND WIFI

The camp store stocks shirts, hats, and other Loma Mar items. Check your retreat schedule for store hours. We accept cash, checks, and credit cards.

If you're looking forward to some time away from your phone, this is a good place for it. If you need to get online during your stay, we'll share the Wi-Fi password at check-in.



BEFORE YOU HEAD HOME

- We have both day guests and overnight guests, so checkout is informal. If you're staying overnight, we'll go over cleaning instructions at breakfast on your last day. Before you go, please:
- Check your bunk, room, and bathroom for anything you might have left behind.
- Put trash in the proper container, sweep your cabin or room, and drop off rented linens at the designated spot.
- Plan to leave camp by 12 p.m. on the last day of your stay.
- Say goodbye to a staff member on your way out. We'd love to see you before you go, and it helps us know when we can get into the cabins to clean.

PAYMENT AND CANCELATIONS

- Payment is due in full when you reserve your spot. If you cancel at least two weeks before your stay, we'll refund your payment minus a $50 cancellation fee.
- YMCA Camp Loma Mar reserves the right to cancel an event. If we cancel the retreat, we'll notify you five to seven days before the event and issue a full refund.



LOST AND FOUND

Label anything you'd especially like to get back, and leave valuables at home if you can. YMCA Camp Loma Mar is not responsible for lost or stolen items. We'll do our best to contact the owners of labeled items we find.

If you're missing something, email clmteam@ymcaeastbay.org within two weeks of your retreat. We donate unclaimed items two weeks after the retreat ends.

KEEP IN TOUCH

Find YMCA Camp Loma Mar on Facebook, Instagram, and TikTok for camp photos, updates, and upcoming events.